

## Information to Leave with the Babysitter

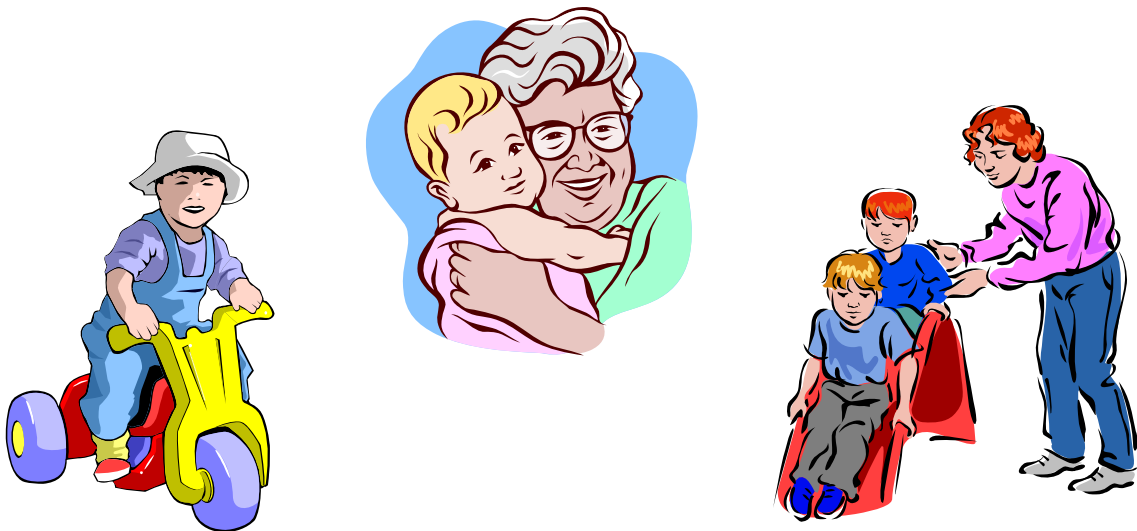
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In an emergency, the person caring for your child should have quick access to vital information.

In a poisoning emergency, your babysitter will be asked how much the child weighs. A babysitter will only be able to guess at important health issues if information is not written down and easy to find.

Make sure you write down your own address and phone number. If the babysitter cannot find the phone number, the Poison Center staff will not be able to call back and make sure everything is okay.

Fill out the information on this sheet each time you leave your children with a babysitter.



# Important Information

Address and phone number:

Parents can be reached at:

Pager:

Cell phone:

Emergency Neighbor Contact:

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Police:

Fire:

Other:

**Oklahoma Poison Control Center  
1-800-222-1222**

**Oklahoma City Area**

Child's full name, including last name:

Date of birth:

Weight and date weighed:

Allergies:

Medical conditions  
(asthma/seizures/diabetes):

Any current medications:

Physician name/phone number:

Hospital name/phone number:

Child's full name, including last name:

Date of birth:

Weight and date weighed:

Allergies:

Medical conditions  
(asthma/seizures/diabetes):

Any current medications:

Physician name/phone number:

Hospital name/phone number:

Child's full name, including last name:

Date of birth:

Weight and date weighed:

Allergies:

Medical conditions  
(asthma/seizures/diabetes):

Any current medications:

Physician name/phone number:

Hospital name/phone number:

**Notes/Other instructions:**