

# Have You Talked To Your Teen About PDA? *Prescription Drug Abuse*

When prescription drugs are abused, they can be just as dangerous as illegal street drugs. Every day, 2,500 teenagers use a prescription drug for non-medical reasons for the first time.

- Office of National Drug Control Policy  
Executive Office of the President

**Check** - Count the number of pills in every prescription bottle within your home. Keep track of refills and if your teen takes any type of medication, monitor the dosage.

**Protect** - In your home, put medications in a place that only you know about. Of kids age 12 - 17, who have abused prescription drugs, 64% say they got them from family or friends.

**Remove** - Dispose of unused and expired prescription drugs when your teens are not home. Fill a container, such as a plastic laundry soap bottle, half-way with used kitty litter or coffee grounds. Drop prescription tablets and capsules into the bottle. Seal with lid; dispose of the bottle in an outside trash bin.

**POISON**  
**Help**  
**1-800-222-1222**

