





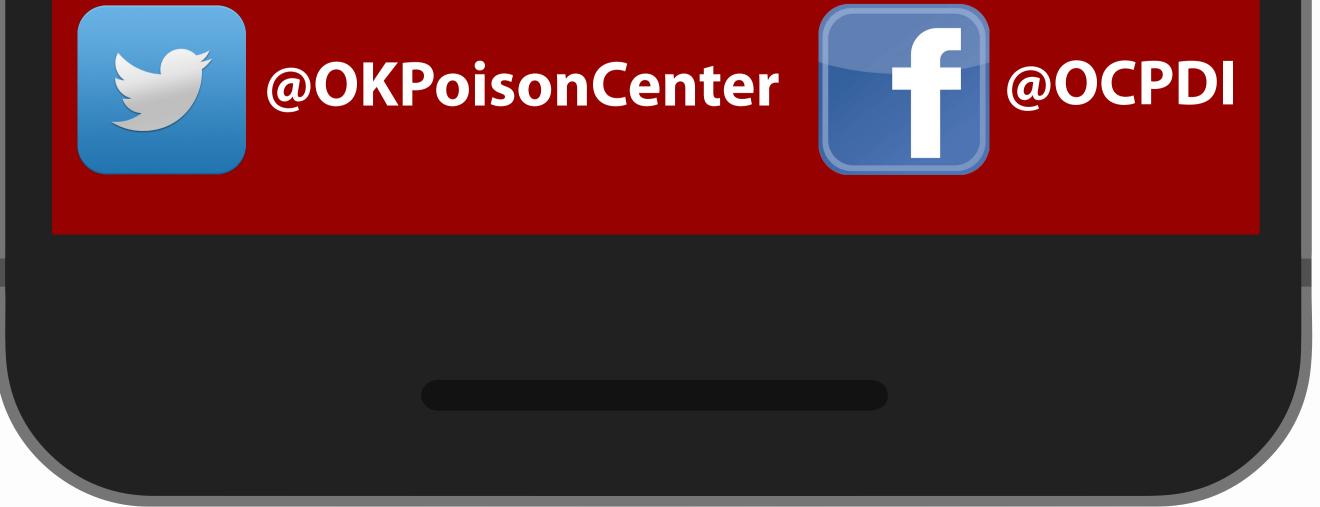
## **Save the Poison Helpline** Number in Your Contacts

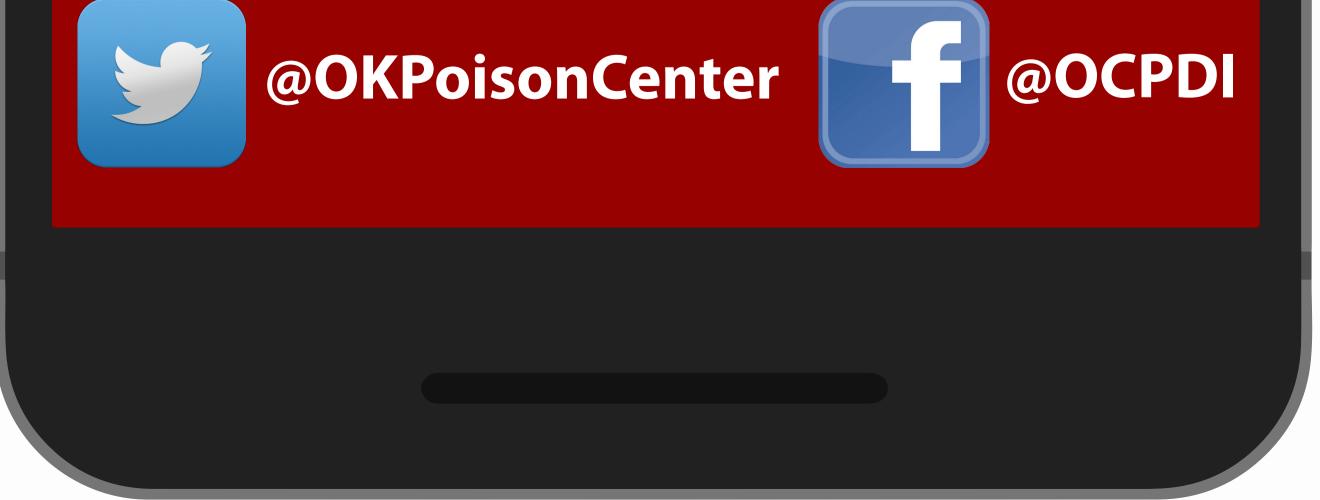


Oklahoma Center for Poison & Drug Information

(800) 222-1222

OklahomaPoison.org





## Why call the Poison **Center?**

**Call the Poison Center for questions or help** if you think someone has been poisoned or taken too much medication, drugs or alcohol.

Talk to the experts. Don't waste time or risk getting bad information by searching online. All calls are private.

## Signs that someone needs help:

- Blue lips or fingers
- Choking, gurgling or snoring sounds
- Limp body
- No response when you yell their name or rub their chest hard
- Slow breathing
- Vomiting



**Don't wait - If someone has stopped breathing** or is having seizures, call 911!

The University of Oklahoma is an equal opportunity institution. www.ou.edu/eoo. The Oklahoma Center for Poison and Drug

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